

## Health News Release

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## National Salmonella outbreak includes more than a dozen Washington cases

Federal health investigators seek to confirm source

**OLYMPIA** — A national outbreak of more than 180 cases of *Salmonella* Montevideo includes 14 Washington residents.

The federal Centers for Disease Control and Prevention have announced a <u>national investigation</u> (www.cdc.gov/salmonella/montevideo/map.html). Federal and state <u>disease investigators have implicated salami</u> (www.fsis.usda.gov/News\_&\_Events/Recall\_006\_2010\_Release/index.asp) as the possible source of the *Salmonella*, though a direct link has not yet been confirmed.

All 14 of Washington's cases were sick between July and December 2009; one was hospitalized and all have recovered. The outbreak strain, *Salmonella* Montevideo, is quite common and some of these cases, and others around the state, may not be part of the outbreak.

The Washington State Department of Health is working with local and federal partners on the disease investigation.

<u>Salmonellosis</u> (www.doh.wa.gov/EHSPHL/factsheet/salmonel.htm) is a common bacterial infection that comes from more than 2,000 strains of *Salmonella*. Most people recover from salmonellosis on their own, without treatment or medication.

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Visit the Washington Department of Health Web site at <a href="http://www.doh.wa.gov">http://www.doh.wa.gov</a> for a healthy dose of information.